CHC43315 · CERTIFICATE IV · COMMUNITY SERVICES

CERTIFICATE IV IN MENTAL HEALTH

Provide recovery-oriented support to people living with mental illness.



COURSE FEE	PLACEMENT	UNITS	TIME TO FINISH
$2,640	80 hours	15	Up to 12 months

WHAT YOU'LL LEARN

- ✓ Build self-directed recovery relationships
- ✓ Provide recovery-oriented mental health services
- ✓ Work in trauma informed ways
- ✓ Support people with co-existing mental health and AOD issues
- ✓ Promote self advocacy and wellbeing

COURSE REQUIREMENTS

BEFORE YOU ENROL

Nothing required

No prior study or experience. You'll need a USI and a device that records video.

PLACEMENT

80 hours

In a mental health setting, working with at least 3 people living with mental illness.

HOW YOU SHOW IT

- Placement logbook
- Supervisor reports and third-party observations
- Realistic simulations for crisis and suicide prevention tasks

CHECKS

None to enrol

Your placement host may ask for a police check.

UNITS YOU'LL STUDY

CODE	UNIT TITLE
CHCDIV001	Work with diverse people
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
CHCLEG001	Work legally and ethically
CHCMHS002	Establish self-directed recovery relationships
CHCMHS003	Provide recovery oriented mental health services
CHCMHS004	Work collaboratively with the care network and other services
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues
CHCMHS007	Work effectively in trauma informed care
CHCMHS008	Promote and facilitate self advocacy
CHCMHS011	Assess and promote social, emotional and physical wellbeing
HLTWHS001	Participate in workplace health and safety

Plus 4 elective units, including at least 1 on supporting people at risk. Your trainer confirms your electives at enrolment.

HOW YOUR COURSE RUNS

1. **Enrol**
   Pay upfront or in 4
2. **Pre-training check**
   USI and a short LLN check
3. **Study online**
   At your own pace
4. **Placement**
   80 hours, signed off
5. **Certificate**
   Recognised Australia-wide

VIDEO RECORDING RULES

1. Hold photo ID next to your face and say your name, the date and the task at the start.
2. Record in one continuous take: no cuts, edits, filters or speeding up.
3. Keep your whole body and the equipment in frame, in good light, with clear sound.
4. Talk through what you are doing and why, as if explaining to the assessor.
5. Use the equipment listed for your course.
6. Only film people who have agreed to it. Never film children, clients or patients.
7. Upload the video to Cloudemy under the matching assessment task.

If a video doesn't show the full task, your assessor will ask for a new recording or a live video session.

CAREERS

- Mental health support worker
- Peer support worker

NEXT STEP

CHC52025 Diploma of Community Services or CHC51015 Diploma of Counselling.

Community rehabilitation worker

Recovery support worker

ENROL ONLINE

www.staonline.com.au/products/certificate-iv-mental-health-online-course

Questions? Call 1300 722 689 or email hello@staonline.com.au

Verify CHC43315 and RTO 45870 at training.gov.au

$2,640

or 4 × $660 with Afterpay

Training and assessment are delivered by Spectral Training Academy Pty Ltd (RTO 45870, ABN 70 646 793 277). Requirements are taken from the official training.gov.au listing and checked 18 November 2026. See our refund policy at staonline.com.au/policies/refund-policy.